



**Level Up
- CUET -**

An Institute for CUET Examination & Expert Guidance for CUET



**1000+
QUESTIONS**

CUET - 2023 HOME SCIENCE BASED ON CUET PATTERN

MODE: ONLINE

Syllabus for Class 12

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Note:

There will be one Question Paper which will have 50 questions out of which 40 questions need to be attempted.

Unit I: Nutrition, Food science and Technology

1. Clinical nutrition and Dietetics

- Significance
- Diet Therapy objectives.
- Role of nutritionist
- Types of diets
- scope and career

2. Public Nutrition and Health

- Concept of Public Health and nutrition.
- Nutritional Problems in India.
- Strategies to tackle nutritional problems.
- Scope and career

3. Catering and food services management

- Types of food service system
- Management in food Services.
- scope and career

4. Food Processing and technology.

- Basic concepts - food science, food Processing food technology, food Manufacturing
- Development of food processing and technology and its importance
- Classification of processed food.
- Scope and career.

5. Food Quality and safety

- Basic Concepts - food safety, food contamination food adulteration
- Food Standards Regulation - India (FSSAI, Agmark) and International (CAC, WTO, ISO)
- Food safety management systems
- Scope and career.

Unit II: Human Development: Lifespan Approach

1. Early childhood care and education.

- NCF (Principles and objectives.
- Concept of crèche, day care centre and Montessori schools.
- View point of Psychologist - Piaget and Vygotsky
- Scope and career.

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2. Special Education and support services

- a) Disability
- b) special Education methods
- c) scope and career

3. Management of institutions and programmes for children, youth and elderly

- a) Children: Vulnerable, programmes
- b) Youth: Vulnerable, programmes
- c) Elderly: Vulnerable, programmes
- d) Scope and career

Unit III: Fabric and Apparel.

1. Design for fabric and Apparel

- a) Design Analysis - structive and Applied
- b) Elements of design.
- c) Principles of design.
- d) Scope and career.

2. Fashion design and Merchandising

- a) Fashion terminology - Fashion, style, Fad, classic.
- b) Fashion Development - History and Evolution
- c) Fashion Merchandising
- d) Scope and career

3. Production and quality control in the Garment Industry

- a) Stages of apparel production
- b) Quality Assurance in the Garment Industry
- c) Scope and career

4. Care and Maintenance of fabrics in Institutions

- a) Laundry equipment - Washing drying and ironing
- b) Institutional laundry
- c) Scope and career

Unit IV: Resource Management

1. Human Resource Management

- a) Significance and functions of HRM
- b) Scope and career

2. Hospitality Management

- a) Concept of different hospitality establishments
- b) Guest Cycle
- c) Departments in Hospitality organizations Front Office, Housekeeping, food and beverages
- d) Scope and career

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3. Consumer Education and Protection

- a) Consumer Problems.
- b) Consumer Protection Act (2019) - consumer rights and responsibilities
- c) Standard Marks - ISI, Agmark, FSSAI, Hallmark, silk Mark, Wool Mark, Eco mark
- d) Voluntary consumer organizations
- e) Scope and career.

Unit V: Communication and Extension

1. Development of communication and Journalism

- a) Basic concepts- Development, Development Journalism, and Development communication.
- b) Methods of communication
- c) Scope and career.

2. Media management, Design, and Production

- a) Media planning
- b) Media designing and production.
- c) Media evaluation and feedback
- d) Scope and career

Unit VI: Career Options after Home Science Education

Career options of self and wage employment in various fields of Home Science.